



SCALING INTEGRATED CARE IN EUROPE – WHAT DOES IT TAKE?

VIABILITY ASSESSMENT OF GOOD PRACTICES IN 5 EUROPEAN REGIONS

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Viability Assessment of Good Practices in 5 European Regions

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Objectives

2

Methodology

3

Conclusions

1 - Objectives

Viability assessment of GGPPs

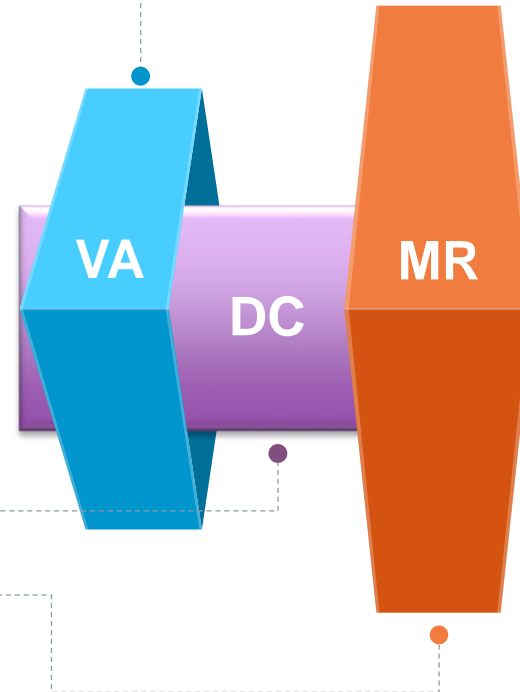
- Map and select GGPPs in 5 European regions
- Apply the viability criteria to assess the potential for scaling-up
- Select 15 GGPPs

Data collection

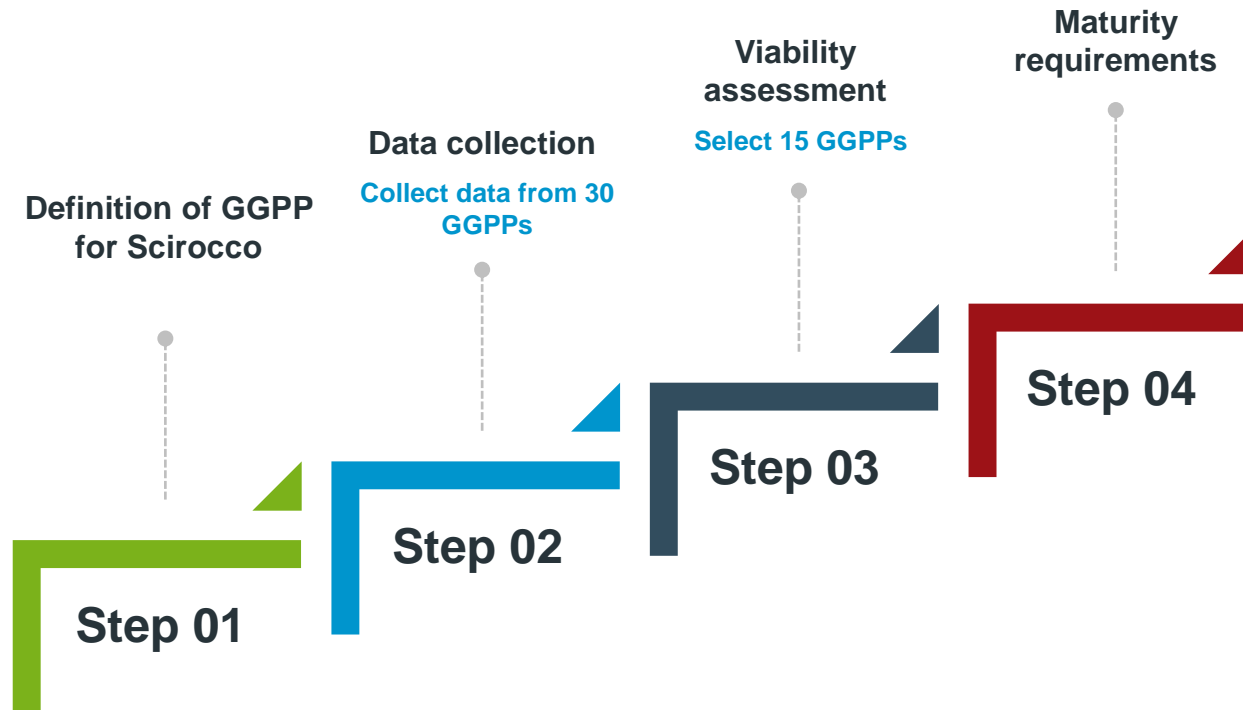
- Develop a template
- Collect data on 30 GGPPs

Maturity requirements of identified GGPPs

- Define maturity requirements for 15 selected GGPPs



2 - Methodology



Definition of Good Practice

Scirocco Good Practices are inspiring real-life examples of successfully applied innovations in integrated care.

Definition of Good Practice

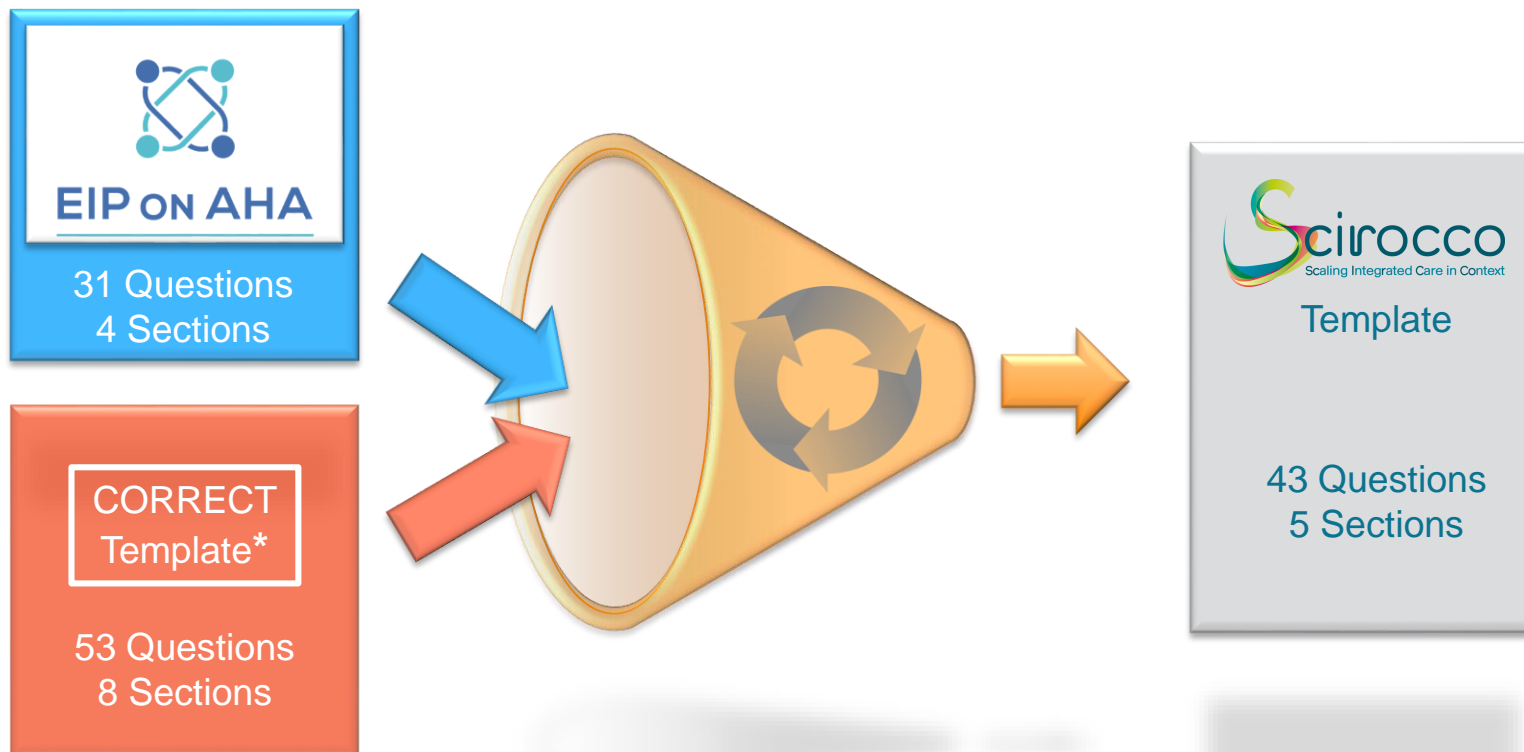
Meet **CORRECT** Criteria*



C redible	In that they are based on sound evidence or advocated by respected persons or Institutions.
O bservable	To ensure that potential users can see the results in practice.
R elevant	For addressing persistent or sharply felt problems.
R elative advantage	Over existing practices so that potential users are convinced that the costs of implementation are counteracted by the benefits.
E asy to install and understand	Rather than complex and complicated.
C ompatible	With the potential users' established values, norms and facilities; fit well into the practices of the national programme.
T estable	Without committing the potential user to complete adoption when results have not yet been seen.

(*) Glaser EM, Abelson HH, Garrison KN. Putting knowledge to use. San Francisco: Jossey-Bass Publishers; 1983. citado en World Health Organization and ExpandNet. Nine steps for developing a scaling-up strategy. Geneva: WHO; 2010 [cited 2015 Nov 10]. Available from: www.who.int/reproductivehealth/publications/strategic_approach/9789241500319/en

Data collection – Scirocco Template



* With items adapted from “Practical Guidance for Scaling Up Health Service Innovations” by WHO 2009

Data collection – Scirocco Template

Scotland, UK (6 GGPPs)

- Building Healthier and Happier Communities
- Home & Mobile Health Monitoring
- Collaborative Commissioning of Care at Home Services
- Technology Enabled Care Programme
- Reshaping Care for Older People
- cCBT in Scotland

Basque Country, Spain (7 GGPPs)

- Malnutrition in the elderly and hospital stay
- Transversal approach of the pain from a pain unit
- Advance Care Planning in an Integrated Care Organisation
- Telemonitoring COPD patients with frequent hospitalizations.
- Design and implementation of interventions aimed at improving the safety of prescription.
- Care plan for the elderly
- Integrated care process for children with special needs

Norrbottn, Sweden (6GGPPs)

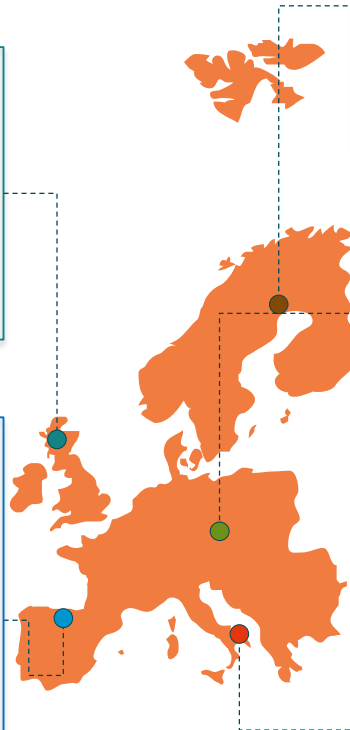
- My plan
- Care Process schizophrenia and schizophrenia -like state
- Distance spanning healthcare
- The patient journey through emergency medical care
- An effective palliative care process
- Shoulder rehabilitation via distance technology

Olomuc, Czech Republic(4 GGPPs)

- Integrated health and social care/services in the Pardubice region
- Improved management of visits in Home Care
- Telehealth service for patients with advanced heart failure
- Tele-monitoring of patients with AMI and in anticoagulation regime

Puglia, Italy (8 GGPPs)

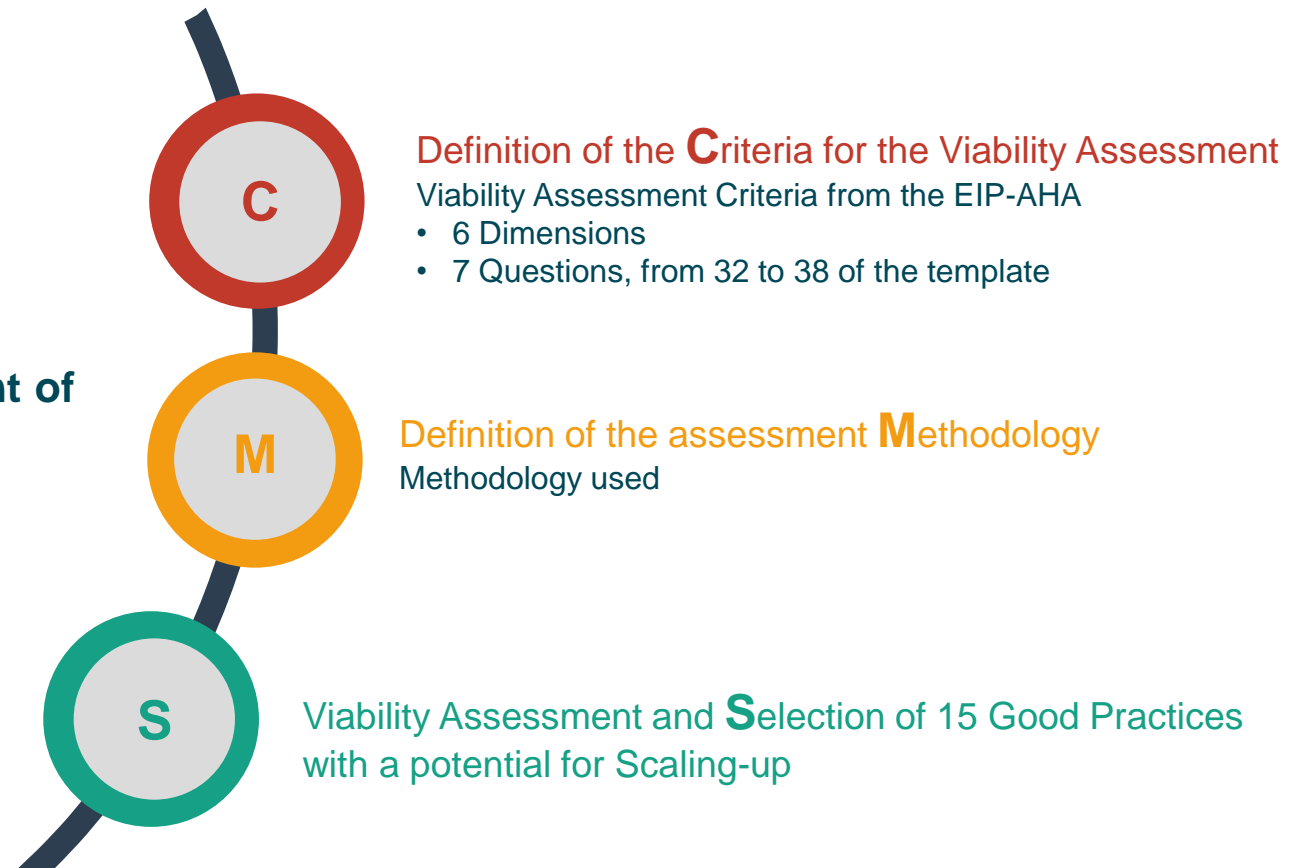
- Telemonitoring, t-consultation and t-care for patients with CHF, COPD and Diabetes
- Telemonitoring, t-assistance and t-consultation for patients with CHF and COPD
- MARIO: Managing active and healthy aging with use of caring service robots
- CKD integrated-care
- DIAMONDS (DIgital Assisted MONitoring for Diabetes)
- Smartaging mindbrain
- Remote monitoring in heart failure outpatient
- RITA: Radiofrequency-induced thermal ablation of liver tumors



* 2 GGPPs from the B3 Action Group of the EIP-AHA

Viability Assessment

Viability Assessment of Good Practices



Viability Assessment - Criteria

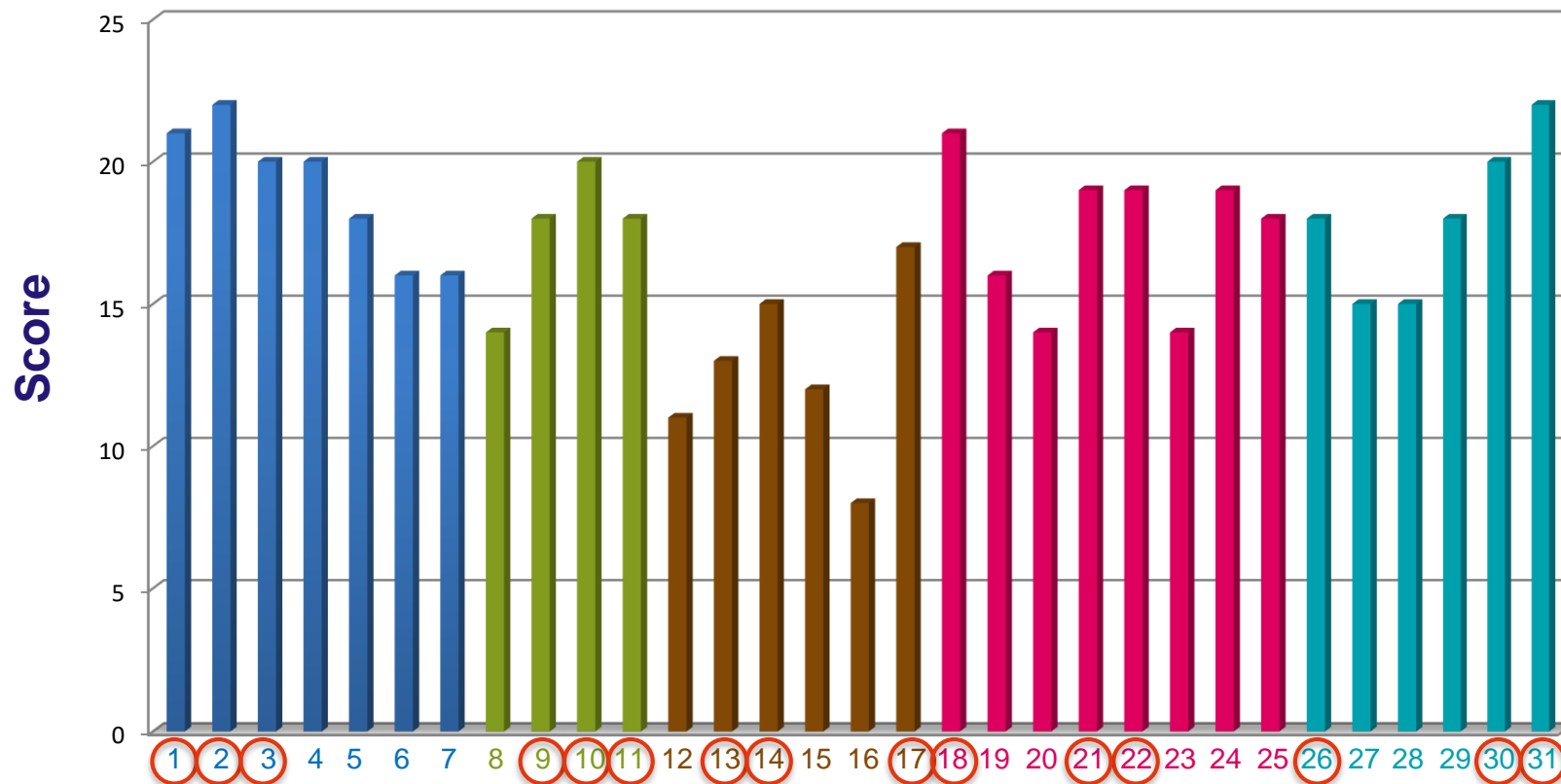
- 1 What is the time needed for the practice to be deployed?
- 2 What is the investment per citizen / service user / patient?
- 3 What is the evidence behind your practice?
- 4 What is the maturity of your practice?
- 5 What is the estimated time of impact of your practice?
- 6 What is the level of transferability of your practice?

Viability Assessment – Methodology



- Auto-evaluation of the 6 criteria
- Score from 1 to 4 for each criteria
- Max. score: 24
- Select 15 Good Practices. 3 per Region

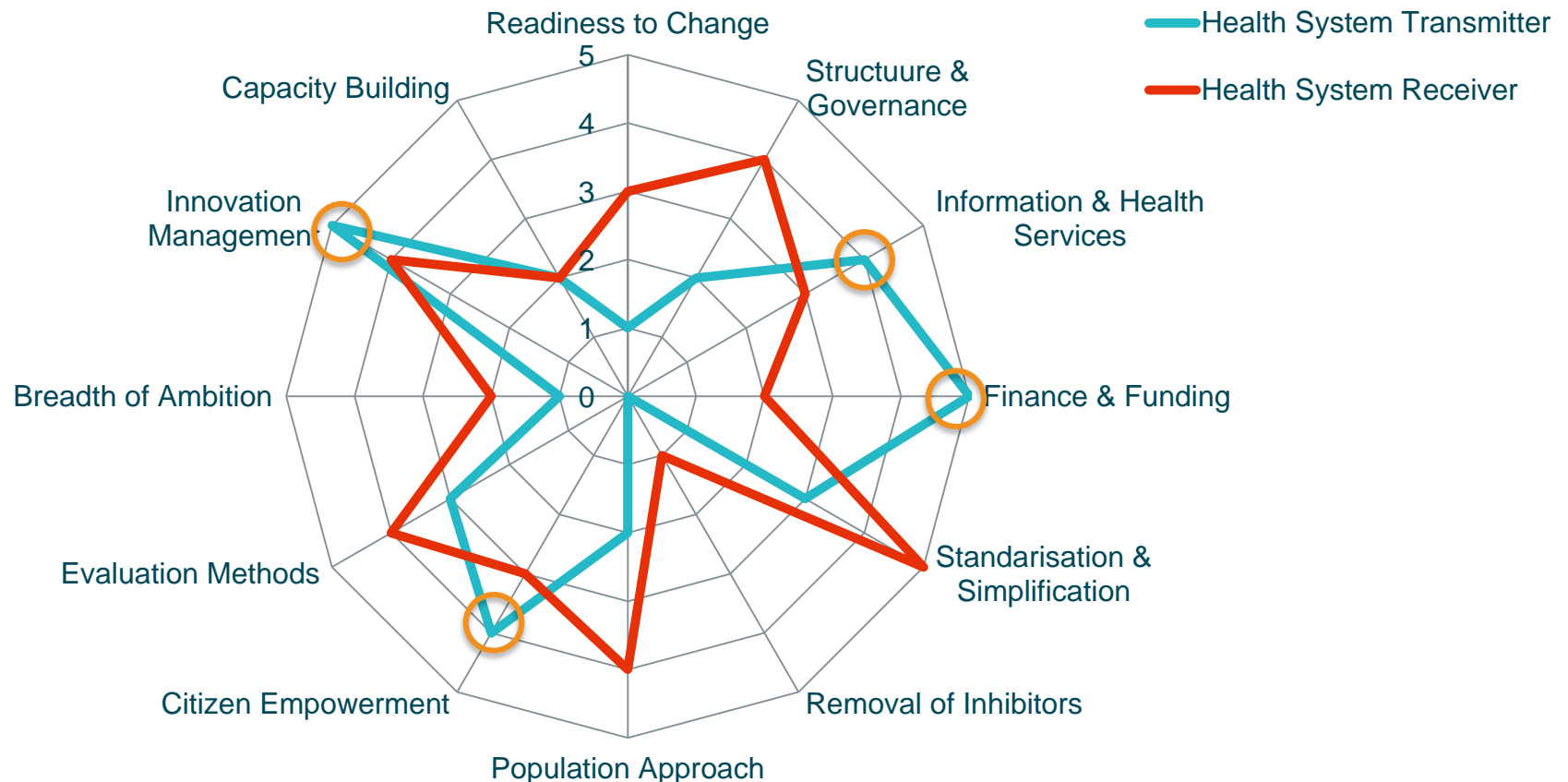
Viability Assessment – Selection



System Maturity requirements

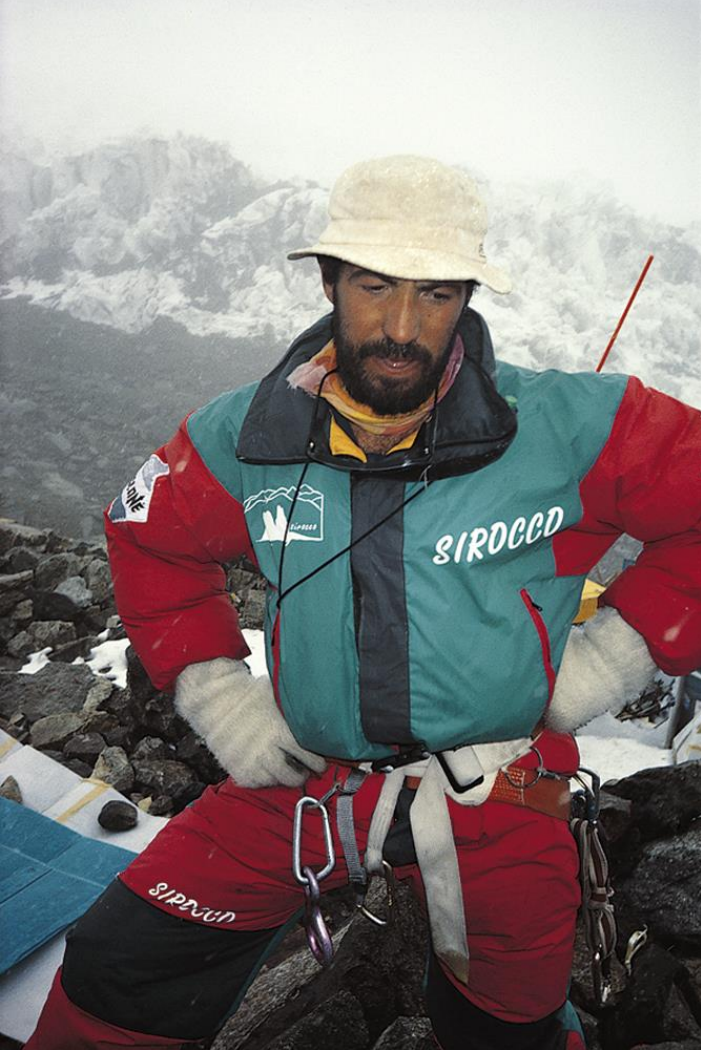


Maturity requirements of a Good Practice



3 - Conclusions

- Local initiatives are essential for health care improvement and integration.
 - They can be inspiring and useful for others: transfer and scale up!
- Data collection should be pragmatic: the minimum data to understand them!
 - And to assess them using the chosen viability criteria!
- To transfer or scale up, it is necessary to take into account the system too!
 - Though not all Practices require the same level of maturity in each dimension
- Knowing the system requirements should facilitate transfer and scaling up



*“When organizing an expedition to climb the K2, the first element to take into account is the **MOTIVATION ...**”*

Juanjo San Sebastián, Zaragoza (Spain) 2004

A high-altitude mountain climbing scene. In the foreground, a climber wearing a white jacket, blue pants, and a black beanie is seen from the side, holding a rope. In the background, a winding river flows through a valley, and a small group of people is visible on a snow-covered ridge. The text "THANK You!" is overlaid in the center.

THANK You!